

Schedule

Thursday 8/6

- 10:00am - 11:00am - Work Barter staff meeting @ Pavilion
- 2:30pm - 4:00pm - Botany for Beginners with Ellie Mae @ Green Man
- 4:00pm - 5:30pm - Snacking with Dennis Lambert, meet @ Main Stage (wear good shoes)
- 5:30pm - 7:00pm - Dinner
- 6:30pm - 7:30pm - Opening Circle / Introduction w/ Nellie @ Heart Hearth
- 7:30pm - 9:00pm - Community Circle @ Heart Hearth
- 9:00pm - Open Social Time @ Heart Hearth

Friday 8/7

- 9:00am - 10:30am - Tree ID and Forest Ecology w/ Eric Hart, meet @ Pavilion (wear good shoes)
- 9:00am - 10:30am - Recovery Circle w/ Donna Donovan @ First Aid
- 10:30am - 12:00pm - Warts, Waters and What Mountain Folk Know w/ Byron Ballard @ Green Man
- 10:30am - 12:00pm - Yard Pesto is Besto! w/ Christina Collins @ Pavilion (bring pesto ingredients if you have them)
- 12:00pm - 1:00pm - Lunch
- 1:00pm - 2:30pm - Vine Basketry w/ Talcon Quinn @ Heart Hearth (teens and/or adults; bring pruners if you have them)
- 1:00pm - 2:30pm - Noticing the Little Things: Plant ID Essentials and Digital Aids w/ Jess Fritz, meet @ Pavilion (wear good shoes)
- 2:30pm - 4:00pm - Herbs for Everyday Living: Building a Practical Herbal Practice at Home w/ Kenneth Wright @ Pavilion
- 2:30pm - 4:00pm - Beginning Broom Making w/ Wes Shofner @ Green Man (\$15 materials fee if making a broom)
- 4:00pm - 5:30pm - Integration of Mind, Body, and Spirit w/ Wade Booker @ Green Man
- 4:00pm - 5:30pm - From Root to Bud: Using every part of Marijuana Plants w/ Rev. Lynx @ Paw Paw (adult 18+ only)
- 5:30pm - 7:00pm - Dinner
- 7:00pm - 8:30pm - In the Mood: An Exploration of Botanical Aphrodisiacs w/ Dirt Mother @ Green Man (adult 18+ only)
- 7:00pm - 8:30pm - Music to Grow By (part 1) - performance by Athens Recorder Consort @ Heart Hearth
- 8:30pm - 10:00pm - Mothing & Bioluminescent Hike w/ Homer, meet @ Main Stage (wear good shoes)
- 8:30pm - 10:00pm - Community Circle @ Heart Hearth
- 10:00pm - Open Social Time @ Heart Hearth

Saturday 8/8

- 9:00am - 10:30am - Nature Preserve Hike w/ Charlene Suggs, meet @ Pavilion (wear good shoes)
- 9:00am - 10:30am - Plant Medicine in Substance Abuse Recovery w/ Donna Donovan @ Pavilion
- 10:30am - 12:00pm - Incorporating Herbs into Everyday Life w/ Stan Haught @ Green Man
- 10:30am - 12:00pm - Talking to the Trees w/ Elf, meet @ Main Stage
- 12:00pm - 1:00pm - Lunch
- 1:00pm - 2:30pm - Keynote - Grief Like a River: Herbs for Sorrow and Mourning w/ Byron Ballard @ Pavilion
- 2:30pm - 4:00pm - Wellness Without Hostility: Herbal Care for Men Beyond Performance w/ Kenneth Wright @ Main Stage
- 2:30pm - 4:00pm - Making Walnut Ink w/ Wes Shofner @ Green Man
- 4:00pm - 5:30pm - Herbal Allies for Uterine Support w/ Ellie Mae @ Paw Paw
- 4:00pm - 5:30pm - Botanical Painting & Calligraphy w/ Nellie James @ Green Man
- 5:30pm - 7:00pm - Dinner
- 7:00pm - 8:00pm - Fireside Chat & Stories w/ Byron Ballard @ Heart Hearth
- 8:00pm - 9:30pm - Music to Grow By (part 2) - performance by Annie Wolfe @ Heart Hearth
- 8:30pm - 10:00pm - Compazing @ Grand Field (weather permitting)
- 10:00pm - Open Social Time @ Heart Hearth

Sunday 8/9

- 11:00am - 12:00pm - Closing Circle & Talkback @ Heart Hearth
- 12:00pm - 1:00pm - Lunch @ Pavilion

Workshops

Annie Wolfe

Ethereal haunt folk. Hopeless romantic jazz meets porch pickin blues.

Music to Grow By (part 1)

Saturday 8pm @ Heart Hearth

Musical performance

Athens Recorder Consort

TBD

Music to Grow By (part 2)

Friday 7pm @ Heart Hearth

Musical performance

Byron Ballard

H. Byron Ballard, BA, MFA, is a western NC native, teacher, folklorist and writer. She has served as a featured speaker and teacher at Appalachian Studies Association, Conference on Current Pagan Studies, ConVocation, Glastonbury Goddess Conference, Sacred Feminine Rising, Scottish Pagan Federation, Sisters Rising, Starwood, Florida Pagan Gathering, and others. She is senior priestess and co-founder of Mother Grove Goddess Temple and the Coalition of Earth Religions/CERES, both in Asheville, NC.

Keynote - Grief Like a River: Herbs for Sorrow and Mourning

Saturday 1pm @ Pavilion (teens and/or adults)

Plants are our allies throughout the journey of our lives, as healers, as supplements, as mood boosters and health sustainers. The grief road has its particular allies and these plants as here for us in these chaotic times. The focus of this talk is traditional and modern Appalachian remedies used in times when the soul and body have too much to bear. Whether oil, tisane or tincture, these allies walk with us along the path of mourning, listing our sorrow until we can be whole once more.

Fireside Chat

Saturday 7pm @ Heart Hearth (all ages welcome)

Stories of walking trees, spirit plants, cryptids and the panoply of folks who people the lonely ridges of the Appalachian mountains. Hear haint tales, magical wonders and share your own at this informal storytelling session.

Warts, Waters and What Mountain Folk Know

Friday 10:30am @ Green Man (all ages welcome)

Dive deep into the specific uses of water in Appalachian folk magic. From stump water and willowwater for cures to ditchwater for creativity and dish water for warts, the many uses of this powerful element have been passed down since the early days of immigration. Learn how they can broaden your own magical practice.

Charlene Suggs

Charlene Suggs has devoted much of her adult life envisioning and manifesting ways for people to share land, life, and vision. To help grow public awareness about modern deathcare practices and observances, Charlene has been presenting introductory workshops since the late 1990s. Her ongoing work emphasizes meaningful and less costly experiences with death that contribute to the health of the Planet and our own well-being. She is a community organizer and likes to write. Charlene is particularly fascinated by insects, nature, biological processes, reimagining cultural and economic systems, words, unseen worlds and general details of life.

Nature Preserve Hike

Saturday 9am meet @ Pavilion, wear good shoes (all ages welcome)

Christina Marie Collins

Artist & herbalist living in Cincinnati the last decade with her kid & pup

Yard Pesto is Besto!

Friday 10:30am @ Pavilion (all ages welcome; bring pesto ingredients if you have them)

We will discuss, forage, & draw plants on site and then prepare nourishing pesto together.

Dennis Lambert

I grew up in Appalachia, I ran the southern hills of West Virginia from about five years old until I was 13 and moved to Eastern Kentucky. I joined the Boy Scouts and earned my Eagle and Wilderness Survival Merit Badge and joined the Army. I continued my studies on wild plants and medicine, creating a documentary about the availability of these resources to the runaway enslaved during the Underground Railroad and teaching classes on how to identify these plants to supplement a diet or educational purposes.

I currently work as a field interviewer for a social science organization studying people's attitudes towards a variety of topics.

Wild Snacking

Thursday 4pm meet @ Main Stage, wear good shoes (all ages welcome)

I will take one or more small groups (10 or less) out into the woods and point out what is edible and what isn't, and what could possibly be used for medicine as we walk along the trail.

All results are based on the season, what is growing, what is available, and if we can safely, responsibly, and respectfully harvest it.

Dirt Mother

Denise "Dirt Mother" Cumor is a Hedge Witch, Educator & Former Facilitator of The Red Tent, who defies the patriarchal paradigm by following her own intuitive path, through creative expression and her commitment to support empowerment of women and men in the healing arts, sexuality and Divine Feminine worship. Experiences that have strengthened her commitment: Clerk at the feminist/ lesbian 31st St Book Store in Baltimore, working as a Dancer for 4 years on Baltimore's infamous 'Block,' teaching OB-GYN protocol & techniques to medical students with Johns Hopkins; Event Coordinator & Sex Educator for the Spiral Dance Women's Center, vending, facilitating & educating in the Red Tent for 10 years in the mid-Atlantic Pagan community, Coordinator for The Scarlet Den at THE Beltane & The Inner Sanctum at Blue Ridge Beltane. More recently, growing and foraging herbs and mushrooms and developing medicinal Dirt Mother products with her partner, Cody, "The Feral Wizard." She has been making music and writing poetry for over 20 years.. Creating medicine, music and sacred space has been her joy and salvation.

In the Mood: An Exploration of Botanical Aphrodisiacs

Friday 7pm @ Green Man (adult 18+ only)

Across the globe, many ancient cultures have held herbal aphrodisiacs as sacred. We will explore some of these traditions and ceremonies with a modern synergized practical approach to enhancing libido, supporting hormone balance, calming the nervous system and nourishing the heart to get you in the mood. Focusing on some favored herbs and recipes to include: Damiana, Horny Goat weed, Cacao, Maca, Saw Palmetto and more!

Donna Donovan

Donna Donovan is the founder of Appalachian Pagan Ministry whose focus is on pagan prison ministry, reentry, and substance abuse recovery. Donna serves as Gyöja for a multitude of Kindreds nationwide, as well as Draoi of Comhaltacht na nGaedheal: Cairdreabh nan Gàidheal

Donna is a person in long-term recovery, beginning recovery of her meth addiction on Jan 8, 1989. As well as being a mother to a daughter who is also in long-term recovery, she lost her son to his battle with opiates on Nov 24, 2015. Rev Donna brings a perspective from all sides of the addiction issue and facilitates the Heilvegr (a Heathen recovery program) in various facilities nationally. www.appalachianpaganministry.com

Plant Medicine in Substance Abuse Recovery

Saturday 9am @ Pavilion (all ages welcome)

This workshop provides an educational overview of plant medicines and their potential role in supporting substance use recovery. Participants will explore traditional herbal remedies and the importance of integrating complementary approaches with evidence-based treatment. The session emphasizes safety, informed decision-making, cultural respect, and holistic wellness.

Recovery Circle

Friday 9am @ First Aid

Elf

Hi All I am know as Elf the little old lady that talks to the trees. I Have been a part of the Wisteria Family for many years. And have been offering workshops, guiding rituals, and volunteering when I can . herb fest is a fairly new event, yet promises to become so much more and I am honored to be a part of it.

Talking to the trees

Saturday 10:30am meet @ Main Stage (all ages welcome)

The Trees speak in a language the is not like our own, Yet they wish to converse so this workshop will guide you in beginning to learn each others language in real time. it is easy, fun and often astonishing, So come play with me and I will show you the secret

Ellie Mae

Ellie Mae is a farmer, mother, herbalist, and lover based out of the Ohio River Valley. With a diverse background in womb sovereignty, sustainable agricultural, and traditional herbal medicine, Ellie Mae will be teaching on basic herbaceous and woody identification, as well as herbal allies for uterine support.

Botany for Beginners

Thursday 2:30pm @ Green Man (all ages welcome)

Botany for Beginners is a hands on, beginners crash course in learning basic identifying tools to assist you in learning about the herbaceous and woody friends around you.

Herbal Allies for Uterine Support

Saturday 4pm @ Paw Paw (all ages welcome)

Join herbalist and womb worker Ellie Mae for Herbal Allies for Uterine Support, where we will discuss herbal medicines and practices to support our bodies through every phase of our (or our loved one's) moons.

Eric Hart

Environmental Engineer for the past 30 years with M.S. in Biological Sciences. Performing ecological restoration activities in local forests for 25 years, focusing on restoration of remnant prairie and open oak woodland habitats which support many of our rare plant species.

Tree Id and Forest Ecology

Friday 9am meet @ Pavilion, wear good shoes (all ages welcome)

Basic tree ID skills and exploration of the ecology of the oak-dominated forests of the central Appalachians and the Midwest. Explore the historical composition of the forest and the ecological forces that shaped it. Learn about the impact of European settlement, the massive changes that are currently happening in the forest, and the actions we can take to minimize loss of biological diversity.

Feral Wizard

Cody “the Feral Wizard” has spent much of his life outdoors in the company of plants and wild life. Working over 20 years as a freelance organic gardener, specializing in native landscaping. Cody possesses ample knowledge of plants, gardening and foraging. His experiences include: Biochemistry Lab Assistant at New College of Florida, Assistant at American Native Plants Nursery, WWOOFer at Vero Beach Organic Farm & Gainesville Botanist Homestead, Apprenticing in landscape architecture and native plant landscaping. Currently Cody collaborates with Dirt Mother growing and foraging herbs in Baltimore County.

See workshop under Dirt Mother

Homer Elliot

Homer Elliott is a wildlife and forest ecologist, who specializes in botany and mycology. He is fascinated with the linkages and mutualisms between all living things. Homer teaches in the School of Natural Resources at Hocking College and spends much of his free time in the garden and foraging in the woods.

Mothing & Bioluminescent Hike

Friday 8:30pm meet @ Main Stage

Sunset will be 8:39 so meeting at 8:30 at mothing sheet with UV, then 9 pm hike into woods for glowing fungi, millipedes, caterpillars and herbs with various UV lights.

Jess Fritz

Ecology enthusiast, land management practitioner, artist, photographer, gardener, master of none.

Noticing the Little Things: Plant ID Essentials and Digital Aids

Friday 1pm meet @ Pavilion, wear good shoes (all ages welcome)

Hike slow and keep your eyes down. Learn what to look at to differentiate herbaceous plants and how digital tools like iNaturalist can help. Dress to be in the woods, including proper footwear and tick repellent

Kenneth Wright

Kenneth Wright is a Master Herbalist with over 20 years of experience in clinical herbal practice and education. He holds a Master of Science degree and is the author of three books, including *Everyday Herbal* and *Herbal & Holistic Healthcare for Men*. Kenneth is the owner and operator of Verdigris Market Garden, an herbal wellness brand based in Columbus, Ohio, where he formulates plant-based remedies and teaches practical, accessible herbal education rooted in both traditional wisdom and modern understanding.

Herbs for Everyday Living: Building a Practical Herbal Practice at Home

Friday 2:30pm @ Pavilion (all ages welcome)

For generations, people relied on a small number of familiar herbs to support everyday life — digestion, sleep, stress, and resilience — often grown close to home. This workshop explores how to build a practical, realistic herbal practice rooted in daily needs rather than complexity.

Participants will learn how to select herbs based on common concerns and availability, how herbs were traditionally integrated into household life, and how modern herbalists can work simply and effectively without needing extensive supplies or advanced preparations. Emphasis is placed on versatility, safety, and confidence, helping participants develop a relationship with a handful of trusted plants they can use regularly.

Workshop Focus / Takeaways:

- Choosing herbs based on everyday needs rather than abundance
- Historical use of household and community herbal practices
- Working with a small, familiar group of herbs
- Simple preparation methods for daily use
- Developing confidence without overwhelm

Wellness Without Hostility: Herbal Care for Men Beyond Performance

Saturday 2:30pm @ Main Stage (All ages welcome)

Modern men often find themselves caught between two competing messages: traditional expectations that encourage endurance and self-reliance, and a wellness culture that insists on constant optimization and self-improvement. In this thought-provoking workshop, herbalist Kenneth Wright explores a different path—one rooted in support, nourishment, and sustainable wellbeing rather than endless performance.

Nellie James

TBD

Botanical Painting & Calligraphy

Saturday 4pm @ Green Man (all ages welcome)

TBD

Rev Lynx

Steward of the Labyrinth of the Ways (located on the road to Fairy Shrine) & all around Animist Druid. Wild gardener and grower of weed. I've been coming to Wisteria since 2012

From Root to Bud: Using every part of Marijuana Plants

Friday 4pm @ Paw Paw (adult 18+ only)

Join Lynx & Daystar for a workshop about utilizing every part of a weed plant. We will go over the aspects of being a home-grower and how we minimize wasting any part of our plants. From Root to Bud, we don't waste any parts of the plant and we look forward to sharing how these steps can also be applied to other, non-marijuana, grows. There will also be a demo about making our ThiCC muscle Rub and THC Distillate.

Stan Haught

Stan is a clinical herbalist specializing in support for the nervous and digestive systems. He is the chief formulator at Appalachian Herb Company and an educator and speaker.

Incorporating Herbs into Everyday Life

Saturday 10:30am @ Green Man (all ages welcome)

Exploring ways to incorporate herbs into our everyday lives. We will discuss common herbs with a focus on locally available ones, herbal medicine preparation, and safety.

Talcon Quinn

Talcon Quinn is an interdisciplinary, Appalachian Folk Artist rekindling ancestral arts through her leather work, basketry, and jewelry. Her practice is rooted in ancient traditional techniques of our early human ancestors. She works exclusively with materials she sustainably harvests and processes herself such as Deerskin, Bone, Willow, Copper, and Oak.

Talcon has studied and apprenticed with numerous artists around the United States and globe on various traditional artforms to develop her artful skills. She deeply values mentorship style learning for its unique ability to transmute cultural knowledge. This value is expressed through her own teaching and mentorships of these artforms.

Weaving the past to the present, Talcon's art resonates with contemporaries while connecting them to a deeper sense of place. Her use of respectfully harvested natural materials is an homage to her lineage of mentors and is inspired by respectful interconnectedness to the natural world and each other.

Talcon's Artist Statement: "The goal of my work is to inspire another way of living. A way that recognizes all beings (plants, rock, fire, water, animals) are part of our community and with whom we are interconnected".

Vine Basketry

Friday 1pm @ Heart Hearth (teens and/or adults)

Learn how to utilize regional vines to weave baskets with Appalachian Folk Artist Talcon Quinn. Originally from Appalachia Ohio, Talcon Quinn has been weaving, teaching and studying basketry for over 20 years. She is deeply dedicated to sharing traditional arts that utilize sustainably harvested materials and presented in ways that are respectful to all living beings.

Class will cover harvesting techniques, storage and preparation of a variety of materials, along with hands on weaving of a basket.

Participants should bring hand pruners with them should they have them.

Wade Booker

Dr. Benjamin Wade Booker graduated from Lincoln Memorial University-DeBusk College of Osteopathic Medicine. He completed his Family Medicine residency at Doctors Hospital in Columbus, Ohio, followed by training in Osteopathic Neuromuscular Medicine in Athens, Ohio. Dr. Booker serves as an Assistant Clinical Professor at the Ohio University Heritage College of Osteopathic Medicine, teaches within the OhioHealth Osteopathic Neuromuscular Medicine residency program, and cares for patients at the OhioHealth Osteopathic Manipulative Medicine Clinic in Athens, Ohio.

Outside of medicine, Dr. Booker enjoys outdoor activities and immersion in nature, especially hiking. He also values mindfulness practices and has a strong passion for learning, particularly in psychology, philosophy, and spiritual traditions. Fun fact: As a child, he considered a career in stand-up comedy, but being an ethical man, he stuck to delivering treatment rather than punchlines – to the relief of audiences everywhere.

Integration of Mind, Body, and Spirit

Friday 4pm @ Green Man (All ages welcome)

In this workshop, our aims will include:

1. Discuss the interrelationship of mind, body, and spirit within a holistic osteopathic framework, incorporating physical, psychological, philosophical, and spiritual perspectives.
2. Recognize the role of Osteopathic Manipulative Treatment, depth psychology, and spiritually informed meaning-making practices in supporting patients with chronic pain, emotional suffering, and/or spiritual distress.
3. Explore basic hands-on, contemplative, and meaning-centered practices that help one reconnect with the body, regulate emotional experience, and facilitate the healing process.

Wes Shofner

Wes Shofner is a homestead farmer living on the farm his family bought in 1974. He is a collector of traditional skills including blacksmithing and woodworking, and is an artist in sculpture and oil painting, having semi-retired from theatrical technical direction.

Beginning broom making

Friday 2:30pm @ Green Man (all ages welcome; \$15 materials fee)

Beginning broom making will illustrate and guide up to ten attendees in making a simple handled broom with natural broomcorn. Please bring \$15 materials fee if making a broom.

Making walnut ink

Saturday 2:30pm @ Green Man (all ages welcome)

Making walnut ink will be a talk about the process of making ink from found natural sources.

Vendors

Appalachian Herb Company

Premium quality botanical tea blends with organic ingredients. Balms and salves that nurture skin. Hand-made pottery related to herbs and tea drinking.

Thoughtfully designed botanical tea blends and natural products, hand-crafted in small batches in the foothills of the Appalachian Mountains. We also offer health and wellness coaching with a clinical herbalist.

www.appalachianherbco.com

Dirt Mother Productions

Salves, tinctures, dried herb blends, and crafted art

Women crafted, herbal products and art

Herbal Appalachia

Various herbal products, such as teas, tinctures, creams, salves, linaments, poultices, etc as well as hand beaded earrings

Herbal Appalachia is a small herbal products company based out of the Allegheny Mountains. Herbal Appalachia's products are hand crafted in small batches using sustainably harvested and organically sourced herbs and ingredients. The products are crafted from clinically proven combinations and are also informed by the spirits and energetics of the plants that they contain. The goal of sharing these herbal medicines with the people is to increase the health sovereignty of those that come into contact with them and to help put the people's medicine back into the hands of the people themselves.

<https://www.herbalappalachia.com>

Jumping Juniper Tarot

Intuitive tarot readings

Tarot is for everyone. Even if you don't consider yourself "spiritual" at all, I believe that you are a channeler as much as I am, and have your own intuitive wisdom. I am merely trained in helping you tap into that and pull it into your conscious awareness through the archetypal symbols of the tarot. Rather than seeking concrete, predictive answers, I consider this working in co-creation with Spirit. You may have another name for it – perhaps a specific deity, or maybe you have a more secular sense of general wonder. Whatever you call it, to me it's all the same thing, and tarot is here to help facilitate a conversation.

My prices vary according to the complexity and time required – obviously, the more we're both willing to invest, the more informative your reading will be able to be. However, I understand that resources and needs are varied as well, so my readings normally start at \$20 and go up from there. Please visit my website for more details.

<https://jumpingjunipertarot.wordpress.com/>

Mediterranean Cuisine

Mediterranean Sampler; Falafel, Hummus, Tahini, Dolma, Pita. Gyros; Beef & Lamb, Chicken, Veggie. Bourbon Chicken; Grilled Thighs served over Tumeric Rice. Greek Salad; Lettuce, Tomato, Cucumber, Feta Cheese, Black Olives with Grecian Dressing served in a freshly cooked Edible Bowl. Butterfly Chips or Curly Fries; Thinly Sliced or Spiral Diced Idaho's. Chicken Tenders; Freshly cooked Strips of Breast, served with Butterfly Chips. Fresh Squeezed Lemonade, 32 oz. Fresh Brewed Ice Tea, 24 oz. Bottled Water and Sodas.

www.medcuisine.org

Too Many Totems

Handmade bags, sacks & assorted Shinys. Specializing in Queer & Pagan embroidery designs. Custom order cloaks, robes & flowskirts.

Queer & Indigenous owned Craft Cooperative out of Columbus, Ohio Formed in 2016

<https://www.facebook.com/toomanytotems/>

Verdigris Market Garden

Herbal Personal Care, Wellness & Home Products, Herbal Consulting

Verdigris Market Garden operates as an off-grid urban herb & botanicals farm, cultivating a variety of botanicals that contribute to our all-natural bath & body, apothecary, and home products. Our commitment is not only to your well-being but also to the health of the planet. Many of the botanicals used in our products are grown on our farm, and we even raise bees to incorporate their honey and wax into our formulations. The entire process, from cultivation to creation, is overseen by Master Herbalist Kenneth Wright.

In our dedication to sustainability, we utilize packaging made from recycled materials, prioritizing compostable or recyclable options. We especially favor infinitely recyclable materials like metal and glass.

www.verdigrismarketgarden.com

Vicky Mattson Photography...for the birds

My items are all created using my original photos. I sell a variety of items that display my favorite photos

I have been observing and photographing birds and wildlife for several years. I put my original photos on useful things like cards magnets bookmarks and prints and some other items. Most of my items have a qr code to tell you more about the subject.

www.vickymattsonphotography4thebirds.com